INSTRUCTIONS TO COMPETITORS AGECROFT SMALL BOATS HEAD 2023



(INCLUDING LOCAL NAVIGATIONAL RULES AND REGULATIONS)

1. Organisation

The Race is conducted under British Rowing's RowSafe and the Rules for Processional (Head) Events. This event is organised by Agecroft Rowing Club, and the Organising Committee are:

Chair of Organising Committee: Bill Aldridge (07973 986603) Event Secretary: Bill Aldridge (07973 986603) Event Safety Adviser: Stephen Hitchen (07767 817176) Chairman of Race Committee: Judith Rimmer Event Welfare Officer: Liz Bramhall (07910 834084) Registration Secretary: Bill Aldridge (07973 986603) Medical Officer: Dr Henry Morgan Club Captain: James Harris (07801 501449) Treasurer: Andrew Jepson (agecroft.treasurer@gmail.com) Volunteer Coordinator: Bill Aldridge Catering Coordinator: Joy WIlson Race Committee: Judith Rimmer, Aiden Hunt, Claire Sherwin

Boating and race times:

- Division 1: Boat from 08:25 Race starts 09:15
- Division 2: Boat from 10:10 Race starts 11.00
- Division 3: Boat from 12:30 Race starts 13:30
- Division 4: Boat from 14:30 Race starts 15:30

2. Safety

Please refer to the safety plan and course maps for full details of safety arrangements. **THE RIVER WILL NOT BE CLOSED TO OTHER CRAFT**. On race day, commercial craft are not expected but shall be required to steer a specific course on the river. **IT IS YOUR RESPONSIBILITY TO KEEP A LOOK OUT.**

3. Trailer Parking & Boat Assembly

You will be notified of your trailer parking area in advance of the event after the draw has been made. Please follow instructions from Marshals when parking vehicles and assembling/moving boats. Towing vehicles and vehicles carrying a single scull can be parked in the large car park at the end of Waterfront Quay.

4. Visitor and Competitor Car Parking

Car parking for visitors and competitors is the large car park at the end of Waterfront Quay. Parking at the club is restricted for trailers of crews boating from the club side. However the large car park are Waterfront Quay is only 50m from the club house.

5. Registration

Registration for ALL CREWS is in the club house. On arrival, crews should immediately register with the entries secretary, confirm any substitutions with British Rowing card and collect their race numbers. Numbers should be securely pinned to the back of the sculler or crew member in the bow seat and be clearly visible during racing. Two number stickers will be supplied to be fixed to both sax boards near the bow seat (we have monitors on both sides or the river so both must be affixed).

6. Cox and Scullers Briefing

A video of the course, and all key hazards, is available online at <u>https://youtu.be/cGoUx45WxIE</u>. *** Coaches, it is you responsibility to ensure your competitors have watched this video ***

7. Boating

The draw indicates from where crews must boat and boating times. All crews must boat at their allocated times. Late boating may result in refusal to race.

8. Getting up to the start

Boats should proceed up stream on the right, i.e. keep to the cox's right / scullers left. Boats may overtake on the way up, using the centre of the river.

9. Start assembly

Crews should not turn until instructed to do so. There will be start marshals on the river bank and in a launch.

10. Starting

Competitors must obey the instructions of the Start Marshall at all times. When instructed to turn, boats should turn and paddle downstream maintaining numerical sequence and 3 - 4 lengths of clear water. Crews will be started by the command "Number ...Go". Timing will commence as each boat passes the start line.

11. Racing

All crews must comply with instructions of umpires. Boats being overtaken must give way in good time to allow faster boats to follow their proper racing course. Failure to obey this and other instructions from Umpires may result in penalty or disqualification. Crews must cross the finish line between the Manchester bank and the buoy (the buoy to the coxes right, steerers left). Crews will be disqualified if they pass on the wrong side. Time bonuses will not be awarded, penalties may. Complaints of interference must be registered with the chief umpire.

12. After the race

The race finish is by the Millennium Lift Bridge. There will be no signal. As soon as a boat has passed the finish line, competitors should wind down to light pressure and continue paddling. **DO NOT STOP**. Finish marshals in launches will guide returning crews. Boats must then turn when told and go up on (cox's left / sculler's right) side of the river and follow instructions to return to the boathouse. Failure to comply strictly with the above rules and marshals instructions will render crews liable to disqualification or such other penalty, including a time penalty, as may be deemed appropriate.

13. Results and Medals

Provisional results will be posted upstairs in the clubhouse as soon as possible and copies will be distributed as soon as possible. Results will also be posted on the Internet at https://www.agecroftrc.org.uk/agecroft-head.html. within 24 hours of the race. Appeals with respect to timings must be made to the chief timekeeper immediately after publication of results. Medals and other prizes will be presented at the end of the days racing (This may involve publicity photographs being taken). Please bring your British Rowing racing licenses as they will be required to collect medals. Please note, we do not forward medals by post after the event. However they can be collected from us at another event via arrangement.

14. Immediate disqualifications.

Due to a very small number of past incidents, the event secretary would like to draw your attention to the following rules which will be enforced throughout the event. ALL BOATS MUST SECURE THE SUPPLIED CREW ID ON BOW BOATS SUCH THAT IT IS VISIBLE TO COURSE UMPIRES, STARTERS AND FINISH JUDGES. ANY BOAT NOT COMPLYING COULD BE DISQUALIFIED. ANY UNSPORTSMAN LIKE CONDUCT, ABUSIVE OR FOUL LANGUAGE WILL RESULT IN INSTANT DISQUALIFICATION.

Above all, be safe and enjoy your day with us!